

Jacqui (Jacquelyn) Van Horn, MPH, IMH-E®

Infant Mental Health Mentor-Clinical

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Professional Experience

January 2002 - present

Infant & Early Childhood Mental Health Reflective Practice Consultant

Jacqui Van Horn Consulting Services, LLC, Albuquerque, NM.

Through The Parent-Infant Study Center <https://www.parent-infantstudycenter.com/> I provide professional development services, including training and reflective consultation related to infant and early childhood mental health, and family-centered, relationship-based early childhood care, education and family support services.

I provide system development consultation, training, and technical writing services to State agencies and regional collaboratives working to address physical and mental health issues as well as developmental and educational support needs of families with young children.

February 2006 -
March 2008

Associate Director, Early Childhood Mental Health Training Institute, Las Cumbres Community Services, Española, NM.

Worked in collaboration with Institute Director to develop and implement a two-year, post Masters-certificate training program addressing early childhood mental health practice. Coordinated curriculum development, supported Institute faculty, provided reflective mentorship to assigned faculty and trainees, collaborated in program evaluation, grant writing and reporting. Developed training relationships with other community- and state-level entities that accessed Institute services including state-funded home visiting programs.

July 2004 -
February 2006

Regional Coordinator, New Mexico Family Infant Toddler Program (FIT).

Contracted by the New Mexico Department of Health, Developmental Disabilities Support Division to provide relationship-based training, technical assistance and consultation services to community-based early intervention (IDEA, Part C) providers and their community partners in the northwest region of New Mexico including the Navajo Nation.

August 1997 –
May 2003

Program Consultant, Early Childhood Network, University of New Mexico Center for Development and Disability, Albuquerque, NM.

Designed and provided customized, learner-responsive, relationship-based training, technical assistance and consultation to community-based early intervention programs contracting with the New Mexico Family Infant Toddler Program (IDEA, Part C). Established staff development needs assessment and program planning process used throughout the state to enhance quality service provision by qualified personnel. Wrote technical assistance documents for statewide dissemination. Advised state agency personnel regarding policy development and evidence-based recommended practices.

September 1995-
September 1997

Program Manager, DREAMS Program, University of New Mexico Center for Development and Disability, Albuquerque, NM.

Managed statewide early intervention (IDEA, Part C) developmental therapy (occupational, physical and speech-language therapies) program serving families with infants and toddlers with, or at risk for developmental delays and who had Individualized Family Service Plans (IFSPs). Developed proposals for funding and managed budget. Provided oversight to Medicaid billing and database management. Developed and processed requests for proposals from community-based therapists who would sub-contract to provide their services. Supported independent sub-contractors and supervised program staff.

August 1990 –
July 1995

Early Intervention Program Director, Alta Mira Specialized Family Services, Albuquerque, NM.

Directed all aspects of this program, which as part of a private, non-profit organization served over 200 families of infants and toddlers each year in a three county area (both urban and rural). Supervised a staff of 20 professionals who worked out of center-based sites licensed as childcare facilities. Oversaw the provision of home-based services and personally provided home-based services to Spanish-speaking families. Coordinated efforts through the Executive Director with a voluntary board of directors. Successfully achieved and maintained accreditation through the Commission on Accreditation of Rehabilitation Facilities (CARF).

September 1989 –
May 1990

Research Assistant, Carolina Policy Studies Institute, Frank Porter Graham Child Development Center, University of North Carolina at Chapel Hill, Chapel Hill, NC.

Provided assistance for studies of nationwide policy development related to the establishment of early intervention (IDEA) service systems throughout the United States. Completed literature reviews, assisted with primary data analysis, and co-wrote summary reports/policy alerts for nationwide dissemination.

August 1987 –
July 1989

Coordinator/Teacher, Child Development Program, The Rehabilitation Center, Inc. (now LifeROOTS, Inc.), Albuquerque, NM.

Coordinated early intervention services (IDEA) for families of 30 infants and toddlers each year. Facilitated programming and communication between parents, teachers and allied health therapists. As part of a trans-disciplinary team, taught parent-infant and toddler classes with Spanish- and English-speaking families. Supervised program staff. Assisted therapists and families with the coordination of prior approval and reimbursement requests to Medicaid and other third-party payers. Facilitated a major program change from a multi-disciplinary, professional/child-centered model to a more trans-disciplinary, family-responsive model of service delivery.

September 1984 –
December 1986

Special Education Teacher Trainer, United States Peace Corps/Honduran Ministry of Public Education, Honduras.

Developed early childhood curricula. Trained parents and staff to provide individualized assessments, develop, and implement treatment plans. Developed and taught special education teacher training courses and seminars at local (normal school) and national (pedagogical university) levels. Coordinated professional development component of the national special education teacher-training program. Co-wrote successful proposal for the formation of the Special Education Department within the Ministry of Public Education. All activities were conducted in Spanish.

June 1981 –
July 1984

Early Intervention Home Trainer/Teacher, Parent-Child Program of the Development and Trainer Center, Inc., Eau Claire, WI.

Provided home- and center-based developmental services to infants, toddlers and their families. Completed periodic assessments, wrote individualized service plans and progress reports. Coordinated programming with county health and social services personnel. Participated as a member of a trans-disciplinary team and functioned as the lead teacher for the center-based program. Served as cooperating teacher for Masters-level university students completing their practica in early childhood special education.

Education

May 1990

Master of Public Health (MPH). University of North Carolina at Chapel Hill, School of Public Health, Department of Maternal and Child Health.

May 1981

Bachelor of Science in Education, Early Childhood Special Education, University of Wisconsin at Whitewater.

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Additional Credentials

- July 2019 Co-recipient of the **William M. Schafer, PhD, Award to Honor Excellence in Reflective Supervision Leadership and Inspiration** awarded by the Alliance for the Advancement of Infant Mental Health.
- March 2011 **Circle of Security™ Registered Parent Educator** authorized to implement the DVD-based parenting program to support healthy parent-young child attachment relationships.
- January 2008 **Infant Mental Health Mentor-Clinical (IMH-E® IV-C)**. Originally endorsed by the Michigan Association for Infant Mental Health (June 2007). This endorsement has since been recognized by the New Mexico Association for Infant Mental Health upon annual completion of continuing endorsement requirements.

Recent Professional Activities

- Currently** Provide fee-for-service reflective supervision/consultation and training (in person and online) for early intervention (IDEA, Part C), home visiting, mental health, Head Start, and other professionals who are integrating infant mental health principles and practices, including reflective practice into their work. Current work is with practitioners in AK, ID, NM and WA.
- Founding Member, New Mexico Association for Infant Mental Health (NMAIMH); continued Association membership.
- 2017-2018 Contracted by the WA Association for Infant Mental Health as the Reflective Practice Consultant to work with with the MIECHV Region X Reflective Supervision Collaborative. Developed, published, and supported implementation of the document titled, "Reflective Supervision: A Guide from Region X to Enhance Reflective Practice Among Home Visiting Programs", 2018. <https://www.wa-aimh.org/rs-guidelines-project>
- 2015-2016 Selected by the NM Children Youth and Families Department to serve as a member of the Master Cadre of Trainers for the NM Pyramid Model to support Social and Emotional Development in Young Children (Contract completed).
- Contracted (began 2014) by NM Children Youth and Families Department, using Race to the Top Early Learning Challenge grant funds to write and co-produce (with MediaDesigns, Inc.) a digital movie-based professional development program with written learning support materials. The program was designed to support early childhood professionals across diverse work settings and

service systems to support the development of reflection in young children and their parents, and to use reflective practice to improve early childhood services. (Project was not funded to completion due to decrease in available funding).

2013-2014

Contracted by the Navajo Nation Office of Special Education and Rehabilitation Services to provide professional development training series addressing infant mental health to *Growing in Beauty* service providers and collaborating community partners. (Contract completed.)

Contracted by Aprendamos Early Intervention Program, Las Cruces, NM, in collaboration with other community infant-family service providers in the southern region of NM to provide a second series of four day-long seminars addressing infant mental health practice in clinical and non-clinical settings. (Contract completed.)

Contracted by the NMAIMH as the Endorsement Coordinator to administer a statewide, competency-based professional endorsement process that recognizes specified levels of infant mental health competence in a broad range of professionals from non-degreed health promotoras, doulas, childcare professionals, to licensed, advanced-degreed professionals providing educational, medical, nutritional and mental health services to infants, toddlers and their families. (Contract completed).

2011-2013

Provided contract services to the NM Children Youth and Families Department (CYFD) developing state standards and quality measures for state-funded home visiting programs. (Contract completed).

2011-2012

Contract trainer, Aprendamos Early Intervention Program, Las Cruces, NM, in collaboration with other community infant-family service providers in the southern region of NM. Provided a series of four day-long seminars addressing infant mental health practice in clinical and non-clinical settings. (Contract completed.)

Contract trainer for Idaho Association for Infant Mental Health – provided the same training content in three Idaho communities addressing relationship-based infant mental health practices. (Contract completed.)

Co-facilitator, Child Abuse Intervention Summit for Paseo del Norte REALIZE Project (Promoting Resiliency in Infants and Toddlers through Policy Development and Promising Practices). (Contract completed.)

Contract trainer, Tresco TOTS Early Intervention Program, Las Cruces, NM, in collaboration with other community infant-family service providers in southern New Mexico including Early Head

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Start and GRADS Program staff. Provided a series of four, full day seminars addressing infant mental health in non-clinical settings. (Contract completed.)

2010-2011

Contracted by CYFD Office of Child Development to: 1) recommend revisions to the Infant/Toddler Early Learning Guidelines so that they better address infant mental health and cultural/linguistic diversity including children who are dual language learners; 2) make recommendations related to the Child Care Task Force's work regarding STAR Level 5 and develop a crosswalk of national accreditation systems for child care providers; 3) coordinate and write statewide home visiting needs assessment for response to the federal Maternal, Infant and Early Childhood Home Visitation Program of the Affordable Care Act; and 4) coordinate planning efforts and write NM's Updated State Plan in response to the same federal program/act. (Contract completed.)

January –
June 2010

Infant-Toddler Childcare Teacher Mentor, Project PLAY (Play and Language Attunement in Young Children). Contracted by the New Mexico Association for the Education of Young Children (NMAEYC). Provided onsite classroom support to infant-toddler childcare teachers at 3 childcare centers and a Spanish-speaking registered home provider, mentoring teachers to provide playful interactions in their environments to promote inter-subjectivity, play and language. Co-facilitated training workshops for teachers and center directors. Collected, analyzed and interpreted evaluation data. (Contract completed.)

August 2008 –
May 2009

Contract Trainer/Consultant, Samaritan Counseling Services / St. Joseph's Center for Children and Families, Albuquerque, NM. Provided a 10-month series of training seminars and ongoing reflective consultation to independently licensed mental health practitioners who were expanding their practices to provide infant mental health treatment services. (Contract completed)

July 2008 –
June 2009

Contract Trainer/Consultant, University of New Mexico Center for Development and Disability Professional Development Team for Home Visiting Programs funded by the Children Youth and Families Department. (Contract completed.)

January 2004 &
January 2005

Early Childhood Development Consultant, Aga Kahn Development Foundation. Provided training, technical assistance and consultation to the Madrasa Resource Centers in Tanzania, Kenya, and Uganda as well as to the East Africa Regional Program and the Aga Kahn Development Foundation East Africa Office of Early Childhood and Family Services. Topics addressed included inclusive early childhood education practices, family engagement,

parent-child attachment relationships, and early childhood development programming and evaluation. (Contract completed.)

September 2003 –
June 2004

Consultant to Solutions for Teams, Ltd. (contracted by the NM Children Youth and Families Department) to conduct a statewide needs assessment related to infant mental health and to develop an infant mental health public awareness campaign. Provided consultation regarding infant mental health content and conducted focus groups in English and Spanish with families of young children throughout the state to better understand family needs, preferences for support, and service accessibility issues. (Contract completed.)

Presentations and Publications

2021

Fee-for-service training webinar *Polyvagal Theory Basics: Considerations for Reflective Practice* online through The Parent-Infant Study Center, Albuquerque, NM.

Invited speaker, Infant & Early Childhood Mental Health Institute, Child and Family Behavioral Health Virtual Conference, Anchorage, AK. Topics include: *Reflective Practice: Why Mentalize?* and *Enhancing Mentalization through Reflective Supervision*.

Invited speaker and round table discussion facilitator, NM Public Education Department, 4th Annual Virtual Town Hall Meeting to Support Young Parents and Their Children. *Parenting and Self-Care*.

Invited webinar speaker, WA-AIMH *Polyvagal Theory Basics: Considerations for Reflective Practice*.

2020

Fee-for-service training seminars offered online due to Covid-19: *Enhancing Reflective Practice, Reflective Supervision: A Slow & Intentional Stepping Back, Feelings Matter: Supporting Emotional Literacy through Reflective Supervision, Exploring Parallel Process through Reflective Supervision: The Impact of Relationships on Relationships, Group Reflective Supervision: Opportunities and Complexities*, and *Polyvagal Theory Basics: Considerations for Reflective Practice* at the Parent-Infant Study Center, Albuquerque, NM.

2019

Van Horn, J. (2019). *Exploring professional ethics through diversity informed reflective supervision*. ZERO TO THREE, Vol. 40, Number 1, pp. 5-10.

Fee-for-service training seminars: *Group Reflective Supervision: Opportunities & Complexities; Exploring Parallel Process through Reflective Supervision: The Impact of Relationships on Relationships; Feelings Matter: Supporting Emotional Literacy through Reflective Supervision; Reflective Supervision: A Slow & Intentional Stepping*

back; Getting Unstuck: A Reflective Supervision Seminar, and Enhancing Reflective Practice, through the Parent-Infant Study Center, Albuquerque, NM.

2018

Van Horn, J. (2018) Lead author, *Reflective Supervision: A Guide from Region X to Enhance Reflective Practice Among Home Visiting Programs*, <https://www.wa-aimh.org/rs-guidelines-project>

Invited speaker, NMAIMH Annual Meeting: *Learning to Understand the Minds of Others*, Albuquerque, NM.

Invited Keynote address: “*On Becoming Reflective*” MIECHV Region X Innovation Grant Reflective Supervision Summit, May 8, 2018. Seattle, WA.

Co-trainer (with Courtney Lewis, LPCC, IMH-E), *Exploring Power & Privilege through the Lens of Reflective Supervision*, Las Cruces, NM. Sponsored by NMAIMH.

2017

Fee-for-services trainings: *Reflective Supervision Basics, Getting the MOST Out of Reflective Supervision, When Reflection is Difficult: Supporting Reflection when Presented with Non-reflective “Ways of Being” and Situational Challenges*, Albuquerque, NM.

Reflective Practice Webinars - developed and provide a five-part series of live and recorded webinars addressing reflective practice: *Authentic Curiosity: Essential to Reflective Practice; Supporting Reflection in Parents; Asking Questions that Support Reflection; Learning to Understand the Minds of Others; and When Reflection is Difficult: Supporting Reflection when Presented with Non-reflective “Ways of Being” and Situational Challenges* www.parent-infantstudycenter.com/shop

Contracted training series: *Planning, Implementing and Evaluating Socialization Experiences that Promote Healthy Parent-Child Relationships*. A three-part series of trainings for home-based Early Head Start staff working throughout NM for YDI. Albuquerque and Española, NM.

2016

Fee-for-service training. *Providing Effective Reflective Supervision*. Albuquerque, NM.

Contract training. *Child Development & Play Therapy: Arranging the Puzzle Pieces*. Small Steps Child Counseling sponsored this community-training event in Albuquerque, NM.

Contract training. *Understanding the Missing Piece: What Mental Health Clinicians did not Learn in Graduate School About Infant and Early Childhood Development; and*

Using the Ages & Stages Questionnaires (ASQ) Collaboratively with Parents to Understand Development and Plan Developmentally Appropriate Interventions. Contracted by Small Steps Child Counseling and A Child's Voice, Albuquerque, NM.

Contract training. *Infant Mental Health and Early Brain Development.* YDI Early Head Start-Child Care Collaborative and Home-based providers preservice training. Albuquerque, NM

Invited speaker. *NMAIMH Endorsement for Culturally-Sensitive, Relationship-Focused Practice Promoting Infant Mental Health and Assessment of Parent-Child Interactions Across various Service Settings.* Southwestern College New Earth Institute Infant Mental Health Certificate Program, Santa Fe, NM

Invited speaker to the NM Early Learning Institute. *Pyramid Model for Supporting the Social & Emotional Competence of Infants and Young Children: A Focus on Relationships & Targeted Supports.* Bernalillo, NM.

Co-presented four-day Training-of-Trainers events for a broad range of early childhood trainers and providers in Santa Fe, NM. *Pyramid Model for Supporting the Social & Emotional Competence of Infants and Young Children: The Infant-Toddler Modules.*

2015

Trainer. *Getting the MOST Out of Reflective Supervision.* Provided two day- long seminar sessions to support professionals who were engaged in reflective supervision either as supervisors or as participants/supervisees. Albuquerque, NM.

Participated as a member of a panel of reflective practice experts at the NM FOCUS Cross-Sector Consultants Conference in Santa Fe, NM.

Participated as a panel member in a webinar exploring reflective practice sponsored by New Mexico Communities of Care.

Contract training for United Way of Santa Fe County. *Reflection as a Critical Skill in Infant-Family Work* in Santa Fe, NM.

Contract training. *Making Sense of Our Observations of Parent-Infant Interactions: Understanding Infant and Teen Parent Capacities for Emotional and Social Functioning* for the NM GRADS Summer Training Institute in Socorro, NM.

Co-presented four-day Training-of-Trainers events for a broad range of early childhood trainers and providers in Albuquerque, NM. *Pyramid Model for Supporting the Social & Emotional*

Competence of Infants and Young Children: The Infant-Toddler Modules.

2014

Contracted by YDI to provide a three-part training series: 1) *Understanding the Amygdala: How the Perception of Safety and Danger Affect Learning Interactions*; 2) *Trauma 101*; and 3) *Authentic Curiosity: Understanding the Perspective of Another Before Trying to Influence their Behavior* (Nov. and Dec. 2014).

Getting the MOST Out of Reflective Supervision. A fee-for-service seminar at The Parent-Infant Study Center, Albuquerque, NM.

Relating to Young Children's Fears: Reflecting on How Best to Support Coping Skills. NMAEYC Conference in Albuquerque, NM.

Applying Infant Mental Health principles to GRADS Work. School Health Education Institute, Albuquerque, NM

2013

Discovering the Role of Reflection in work with Infants, Toddlers and their Families. NMAEYC Conference in Albuquerque, NM.

2011

La Vida Felicidad Early Intervention Program (Los Lunas, NM) inservice addressing *Reflective Supervision*.

2010

Families Under Stress: Applying Infant Mental Health Strategies in Early Head Start (full day seminar) and *Reflective Supervision: Essential for Program Quality* (half-day seminar for center directors and other management staff for Youth Development Inc. (YDI) Pre-service Education Conference.

Early Care and Education: Building the Brains & Futures of Young Children One Diaper, One Bottle, One Nap at a Time- Childcare Retreat - half-day seminar for childcare providers from centers in Albuquerque, Belen, and Moriarty, NM.

2008

Co-presenter with Mary Warren, PhD, IMH-E® (IV-P). Infant Toddler Mental Health Coalition of Arizona, *Competency-based Endorsement Recognizing the Infant-Family Workforce.* Early Childhood Mental Health Systems of Care Summit, Window Rock, AZ.

Co-presenter with Deborah Harris, LISW, IMH-E® (IV-C), *Reflective Supervision in New Mexico: Multiple Settings, Multiple Benefits.* Pre-conference session for the 4th Annual Interdisciplinary Early Care and Intervention Conference, Albuquerque, NM.

Using Video-taping to Support Nurturing Interactions. Break-out session for the 4th Annual Interdisciplinary Early Care and Intervention Conference, Albuquerque, NM.

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Mental Health: Impacts on Child Development. City MatCH Urban Maternal and Child Health Leadership Conference, Albuquerque, NM.

Supporting Social and Emotional Well-being in Clients and their Families. Annual New Mexico Children's Medical Services Conference, Albuquerque, NM.

Co-presenter with Deborah Harris, LISW, IMH-E® (IV-C), *Infant Mental Health: What we Need to Know about Infants in the Child Welfare System.* 15th Annual Children's Law Institute. Trauma Impact, Response and Resilience in Albuquerque, NM.

2007 Co-presenter with Deborah Harris, LISW, IMH-E® (IV-C), *Professional Development: A Self-Assessment.* 12th Institute on Infant toddler Mental Health. Infant Toddler Mental Health Coalition of Arizona. Scottsdale, AZ.

Panel member with M. Warren, B. Wightman, D. Weatherston, S. Goldberg and SP Martinez, *Endorsement for Culturally Sensitive, Relationship-focused Practice promoting Infant Mental Health: Professional Recognition Questions and Answers.* 12th Institute on Infant toddler Mental Health. Infant Toddler Mental Health Coalition of Arizona. Scottsdale, AZ.

2006 Co-presenter with R. Dickens, *New Mexico Infant Mental Health Infrastructure Development Project.* ZERO TO THREE National Training Institute, Albuquerque, NM.